



# ST. JAMES CATHOLIC CHURCH

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[www.stjamescalgary.org](http://www.stjamescalgary.org)

**6th Sunday in Ordinary Time**

**February 15, 2026**

### MASS TIMES

Saturday 5:00pm  
Sunday 10:00am & 12:00pm

### Weekday

Tuesday thru Friday 9:00am  
1st Saturday of the month 9:00am

### CONFESSION

Wednesday & Friday 9:30 -10:00am  
Saturday 4:00 - 4:30pm  
(or by appointment)

### OFFICE HOURS

Monday to Thursday  
9:00am - 3:00pm

*Closed 12-12:30 for lunch and on all statutory holidays.*



Thank you for joining us! We warmly welcome all new parishioners and visitors to our parish. If you are new to our parish community, please fill out a registration form available on our website, at the SW entrance of the church, or at the parish office. We hope to see you again soon!

### Pope Leo's Prayer Intention for the Month of February:

**For children with incurable diseases**—Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

### PARISH STAFF

**Pastor**—Fr. Domingo Bongalos [stjamespastorcalgary@gmail.com](mailto:stjamespastorcalgary@gmail.com)  
**Administrative Assistant**—Brenda Lerner [office@stjamescalgary.org](mailto:office@stjamescalgary.org)  
**Music**—Michael Scholfield - [musdir83@gmail.com](mailto:musdir83@gmail.com)  
**Bookkeeper**—Leanne Plamondon (temporary)  
**Volunteer Screening**—Kerstin Daly [pvsc@stjamescalgary.org](mailto:pvsc@stjamescalgary.org)  
**Sacrament Preparation**—Lindsay Klein [sacraments@stjamescalgary.org](mailto:sacraments@stjamescalgary.org)



Visit us on  
Facebook!

## “The Altar Will Make You Remember” - Fr Domingo

Look at the altar. Just look at it for a moment. Did you see anything? Did you remember anything?

There’s something about an altar. It doesn’t speak. It doesn’t move. But it shakes you. Because the altar has a strange power — **it makes you remember**. It makes you remember faces. It makes you remember words you said. It makes you remember words you never said. It makes you remember people you hurt. It makes you remember people who hurt you.

And Jesus says something radical about that moment of remembering. *“When you are offering your gift at the altar, and there remember that your brother or sister has something against you, leave your gift there... go; first be reconciled... then come back.”*

### Think about that.

Jesus is saying: Before the song finishes. Before the prayer ends. Before the ritual continues. If you remember... **Go**.

Because the altar is not just a place of worship. It is a place of truth.

**We all know what anger can do.** Anger is not just loud shouting. Sometimes it’s cold silence. Sometimes it’s distance. Sometimes it’s “I’m fine” when you’re not fine.

We’ve seen how one grudge can fracture a friendship. How one unresolved fight can poison a marriage. How one prideful silence can divide a family. Jesus is not just giving etiquette advice. He’s exposing something spiritual.

Anything that diminishes a relationship — anything that hardens your heart — is serious before God. Because heaven is built on communion. And hell begins with isolation.

The altar reminds you: **If something is broken, don’t pretend it’s not.**

A friend once told me about her childhood. Seven children in the family.

The happiest place in their home was the supper table. They called it “supper.” That word alone sounded warm. They laughed. They shared school stories. Mom and Dad would smile. It was noisy — but it was a holy noise.

Then one evening, just before supper, her parents argued. Not a small disagreement. Faces red. Voices raised. Words sharp. The children had never seen that before.

When the children entered the kitchen, silence fell like a heavy blanket. Her mother turned her back. Stirred the pots. Put the food on the table. And simply said, “Let’s eat.”

That night — silence. The next night — silence. The next week — silence. They chewed their food. No laughter. No stories. No warmth.

After weeks, her parents started speaking again — politely, formally. But something had cracked. The laughter never fully returned. They never dealt with it. Three months later, divorce papers were filed.

And she said with tears in her eyes: **“Our family was never the same.”**

You see, the altar doesn’t only stand in church. Sometimes the altar is the dinner table. Sometimes the altar is your living room. Sometimes the altar is your heart. And when we refuse to reconcile... the silence becomes permanent.

Jesus says, **“Do it now. Do it quickly. Before it’s too late.”**

The altar is powerful because it interrupts you. It stops you mid-offering and says: “Who do you need to call?” “Who do you need to text?” “Who do you need to apologize to?” “Who do you need to release in your heart?”

**Imagine this:** What if tonight, one family avoided divorce because someone chose humility? What if one friendship was restored because someone chose to send that message? What if one father hugged his son first? What if one daughter said, “Mom, I’m sorry”? What if heaven celebrated because two stubborn hearts softened?

The altar will make you remember. **But memory without action becomes regret.**

So, if today, at this altar, a name comes to your mind... Don’t ignore it. If a face appears... Don’t push it away. If your heart is stirred... Move. Do it now. Do it quickly. Before it’s too late.

Because one day, we will stand before the final altar. And on that day, we will not be asked: “How beautiful was your offering?” We will be asked: “How well did you love?”

Leave the burden here, at the ALTAR. Choose reconciliation. Be free — before memory turns into permanent regret.

## Lenten Schedule

### Ash Wednesday

February 18—Mass 9am & 7pm

*\*Day of Fasting and Abstinence*

### Stations of the Cross

Fridays during Lent at 6pm

**Penitential Celebration**—March 10 at 7pm

### Parish Lenten Recollection

March 26 6pm Mass (No 9am Mass)



## Coming Soon! NEW Children’s Liturgy Program 10am Mass

3-8 year olds

(\*younger children may come with a parent)

Registration is required. No fee.

Visiting children may join without registration.

Adult volunteers are needed. Please contact Kerstin if you would like to help. We strongly encourage parents with children attending the program to consider volunteering. Welcome to our new coordinator, Xochitl Alvarez. We thank Michelle Jung for her years of volunteering.

## Volunteers Needed—Please Help

Lectors at 10am Sunday Mass  
Eucharistic Ministers at 10am Sunday Mass  
Funeral Sacristans—As Needed  
Pastoral Care  
Scheduling  
Children's Liturgy

Please give these volunteer roles some prayerful consideration in order to lighten the load for the existing volunteers. For more information, contact Brenda or Kerstin in the parish office.

## Together in Action 2016 Begins on Ash Wednesday

For more than 40 years, TIA has supported diocesan ministries and partner organizations serving communities locally, nationally, and internationally. Every gift to TIA helps bring faith into action by supporting evangelization. Advancing social justice and providing compassionate care to those most in need. Together, we make a lasting difference in the lives of people from all backgrounds and circumstances.

Our Together in Action goal for 2026 remains the same as the last 2 years: **\$36,218**

## Together in Unity Circle

2026 Together in Action marks the completion of the Diocese of Calgary's commitment to raise \$3 million in support of the national \$30 million Indigenous Reconciliation Fund.

Over five years, TIA raised \$600,000 annually, for a total of \$3 million, dedicated to grants supporting local and regional Indigenous-led initiatives across Southern Alberta.

## Tax Receipts

The 2025 tax receipts will be available for pick up in the church this weekend. Please save us postage by taking yours home today. All remaining tax receipts will be mailed out the following week. If you have moved, please ensure that the office has your new address. Note: Only receipts over \$20 will be mailed out.

## Knights of Columbus Fish Fry

On Friday, February 20<sup>th</sup> we will be holding our first of six Stations of the Cross at 6:00pm. It will be followed by the famous Knights of Columbus Fish Fry, a great family event.

Prices are \$10 for a piece of fish, \$5 for each additional piece. Includes all the fries you can eat, coleslaw, and an ice cream sandwich.



## Mass Intentions

### Tuesday, February 17

9am Jose' Gregorio Fernandez +

### Wednesday, February 18

9am Karen Ubell +

### Thursday, February 19

9am Jose' Gregorio Fernandez +

### Friday, February 20

9am Cesar F. Anota +

### Saturday, February 21

5pm Ernesto Benacchio +

### Sunday, February 22

10am Shirley Valentine +

12pm Parishioners of St James

## Pastoral Care Training

### Holy Name Parish

February 14 & March 7

10am—3pm

### NEW—St Albert the Great

Feb 21 & Feb 28, from 10 am to 3 pm

Register at [catholicyc.ca/pastoralcare](http://catholicyc.ca/pastoralcare)

Or email [mara.capili@calgarydiocese.ca](mailto:mara.capili@calgarydiocese.ca)



Find out more about this campaign at  
[www.catholicyc.ca/multiplythehope](http://www.catholicyc.ca/multiplythehope)

## St James Food Bank

Serving the communities of North Glenmore Park, Altadore, Currie Barracks, Lakeview, Garrison Green, Garrison Woods, Lincoln Park, Richmond Park, and Mount Royal University. Our Food Bank is open February to November. Our volunteers pack hampers on Wednesdays. Clients pick up on Thursday mornings. Requests must be made through our Food Bank line no later than 3pm on the Tuesday prior. Your continued support of this outreach ministry blesses those less fortunate in our area.



### Next Week at the Church

Monday	Family Day—Office Closed 6:00pm	Legion of Mary
Tuesday	9:00am 7:30pm	Mass Knights of Columbus
Wednesday	Ash Wednesday 9:00am 7:00pm 7:00pm	Mass/Confession/Ashes Mass/Ashes RCIA
Thursday	9:00am 1:00pm 6:30pm 7:00pm	Mass Funeral—P. Montemurro Class #1—1st Eucharist Parish Renewal Team
Friday	9:00am  1:00pm 6:00pm 6:30pm	Mass/Adoration/ Confession  Singalong for Seniors Stations of the Cross Fish Fry
Saturday	11:00am 4:00pm 5:00pm	Baptism Confession Mass
Sunday	10:00am 12:00pm	Mass Mass

*Rosary at 8:30am prior to all weekday Mass.*

### We Pray for the Sick and All Who Care for Them

Ali Boyd, Emma Boccardo, Paul B., Lucy Ciccaglione, Stephanie Davis, Patrick Driscoll, Mia Dumonceaux, Gabrielle Engels, Scott Evans, Msgr. Noel Farman, Nancy Farrell, Mary Figley, Bernice Foley, Marie Funke, Merle Gonsalves, Aidan Hanes, Jennifer Hazen, Sharon Jeanson, Charlotte Johansen, Lara Lavalley, Martin McCarthy, Monty Montemurro, Bill Montgomery, Dave Moran, Mark Naylen, Elliott Nowell, Kathy Oczkowski, Ashleigh Patterson, Emil Rawlyk, Jocelyn Robb, Gabriel Serpas, Brad Sluiter, Marie Swab, Ildiko Szikora, Mary Terek, Frank Toone, Maria Zuzic

### And Those Who Have Died

Frances Kapp, Pauline Montemurro, Joe Fark, Jim Walters

### Horizons of Hope Workshops

**A Toolkit on Palliative Care**  
St Mary's Cathedral & St Gerard's  
See poster at SW entrance

### Parish Renewal Team

We encourage parishioners to check our updated parish Renewal website page. The content has been refreshed with

- A new video message from Bishop McGrattan
- A copy of our parish renewal mission
- A copy of our Renewal plan
- A booklet of all the ministries at St. James



- A place to leave your ideas and feedback

Check out our Renewal page on our parish website: [stjamescalgary.org/parish-renewal/](http://stjamescalgary.org/parish-renewal/)

### Funeral Mass for Pauline Montemurro

Thursday, February 19  
1:00pm

### Curry in a Hurry

St James School Fundraiser

Tired of deciding what's for dinner? Simply add your favorite protein and follow the easy instructions for a delicious meal in 20 minutes.

1. Visit [www.thaimanna.com](http://www.thaimanna.com)
2. Click Shop-All Thai Manna
3. Select payment option
4. Choose: [storepickup-fundraiser-St. James School Council](#)

Deadline for orders February 11

Pick up at school February 24 3:30pm-6pm

### Sunday Collections

Regular	\$	2,843.05
Maintenance	\$	155.00
Flowers	\$	45.00
Food Bank	\$	20.00
Together in Action	\$	132.25

### Your Financial Support Is Greatly Appreciated

- ◆ Online giving on the "Contribute" page of our website—one time or monthly with debit, Visa, Visa debit, Mastercard, or American Express
- ◆ Mastercard, Visa or Debit through the office—one time donation or monthly
- ◆ Pre-authorized Withdrawal (Direct Deposit) - get forms from the office or at the church entrance
- ◆ E-transfer to [isupport@stjamescalgary.org](mailto:isupport@stjamescalgary.org)
- ◆ Dropping off your envelope in the collection basket
- ◆ Dropping off your envelope at the office or into the office mailbox
- ◆ Mailing your donation to the church
- ◆ Quick Tap

For a complete list of events in the Diocese of Calgary, please visit [www.catholicyyc.ca](http://www.catholicyyc.ca)